

# YOUR STEP- BY-STEP GUIDE TO SWITCHING TO EDUQAS

GCSE PHYSICAL EDUCATION



# MAKE THE SWITCH TO A BOARD THAT WILL SUPPORT YOU

Switching to Eduqas could be the best move you make.

You'll gain access to an unbeatable range of free teaching resources, and our team of subject specialists are on hand to give you all the help and advice you need.

Whether you're with AQA, OCR or Pearson (Edexcel), you can rest assured that switching to Eduqas is straightforward. Simply follow this guide, compare our specifications, and make the switch!

## MAKING THE SWITCH

Switching to Eduqas is simple, just follow these quick and easy steps:

1. Follow our switcher guide for your subject.
2. Register your interest at [www.eduqas.co.uk/switch](http://www.eduqas.co.uk/switch) and receive a printed copy of your chosen specification(s).
3. Visit your qualification page at [www.eduqas.co.uk/qualification](http://www.eduqas.co.uk/qualification), to access the materials you need to begin teaching our specifications.
4. Visit our Digital Resources Website ([resources.eduqas.co.uk](http://resources.eduqas.co.uk)), for free resources that can be used as classroom aids and as revision tools.
5. Contact our subject specialists for subject specific queries, practical advice and guidance.
6. Your Exams Officer will need to register your centre, if your centre is not already registered with us.
7. Once registered, your Exams Officer will be able to provide you with access to our Secure Website ([www.wjecservices.co.uk](http://www.wjecservices.co.uk)), which hosts a wealth of resources that are not available elsewhere.

## WE'RE HERE TO SUPPORT YOU

If you have a question, simply contact our Physical Education team who will offer friendly advice and guidance:



**Mike Neale**  
Subject Officer - Physical Education  
[mike.neale@eduqas.co.uk](mailto:mike.neale@eduqas.co.uk)  
029 2026 5315



# GCSE PHYSICAL EDUCATION WITH EDUQAS

## WHY CHOOSE US?

- Direct contact with our subject specialists
- Streamlined assessment – only two components
- One examination. Less examination time than AQA and Pearson (Edexcel)
- Assessment encourages integrated teaching of content
- Holistic assessment of practical work – no assessment of skills in isolation
- Generic assessment criteria – easily applicable to all activities
- No unnecessary bureaucracy for non-examination assessment

## SUMMARY OF ASSESSMENT

### Component 1: Introduction to Physical Education (120 marks)

Written examination: **2 hours**

**60% of qualification**

Learners will be assessed through a range of short and extended questions.  
The questions will be based on stimuli/sources.

### Component 2: The active participant in physical education

Non-exam assessment.

**40% of qualification**

This component is internally assessed and externally moderated.

Learners will be assessed in **three** different activities in the role of performer in at least **one** individual and **one** team sport.  
Learners will be further assessed through a written analysis and evaluation of their personal performance in **one** of their chosen activities.

# HELPING YOU MAKE THE SWITCH - COMPARING SPECIFICATIONS

## SWITCHING FROM AQA AND OCR

Eduqas	AQA	OCR
<b>Component 1</b>		
<b>Written examination</b> <b>60% – 2 hours, 120 marks</b> All subject content Health, training and exercise Exercise physiology Movement analysis Psychology of sport and physical activity Socio-cultural issues in physical activity and sport	<b>Written examination</b> <b>30% – 75 minutes, 78 marks</b> Applied anatomy and physiology Movement analysis Physical training Use of data	<b>Written examination</b> <b>30% – 1hour, 60 marks</b> Applied anatomy and physiology Movement analysis Physical training Use of data
<b>Component 2</b>		
<b>None – only one examined paper</b>	<b>Written examination</b> <b>30% – 75 minutes, 78 marks</b> Sports psychology (includes sports technology which is also in Eduqas specification) Socio-cultural influences Health, fitness and well-being Use of data	<b>Written examination</b> <b>30% – 1hour, 60 marks</b> Sports psychology Socio-cultural influences Health, fitness and well-being Use of data
<b>Component 3</b>		
<b>NEA</b> <b>40%</b> Holistic assessment of practical (30%) and analysis and evaluation (10%)	<b>NEA</b> <b>40%</b> 10% of practical marks are awarded for drills in isolation, 30% for performance in competitive situations 10% for analysis and evaluation	<b>NEA</b> <b>40%</b> 30% for performance in competitive situations, 10% for analysis and evaluation

# SWITCHING FROM EDEXCEL

Eduqas	Edexcel
<b>Component 1</b>	
<p><b>Written examination</b>  <b>60% – 2 hours, 120 marks</b></p> <p>All subject content            Health, training and exercise            Exercise physiology            Movement analysis            Psychology of sport and physical activity            Socio-cultural issues in physical activity and sport</p>	<p><b>Written examination</b>  <b>36% – 1 hour, 90 marks</b></p> <p>Applied anatomy and physiology            Movement analysis            Physical training            Use of data</p>
<b>Component 2</b>	
<p><b>None – only one examined paper</b></p>	<p><b>Written examination</b>  <b>24% – 1 hour, 70 marks</b></p> <p>Health, fitness and well-being            Sport psychology            Socio-cultural influences            Use of data</p>
<b>Component 3</b>	
<p><b>NEA</b>  <b>40%</b></p> <p>Holistic assessment of practical (<b>30%</b>)            and analysis and evaluation (<b>10%</b>)</p>	<p><b>NEA</b>  <b>30%</b></p> <p>Performance in competitive situations and skills in            isolation</p>
<b>Component 4</b>	
<p><b>None – only one NEA component</b></p>	<p><b>NEA</b>  <b>10% for analysis and evaluation</b></p>

# THE SUPPORT YOU NEED

## FREE TAILORED PHYSICAL EDUCATION DIGITAL RESOURCES

We've created a wealth of free digital resources to support our qualifications. They have been developed to enhance learning, stimulate classroom discussion, and encourage student engagement. Access our resources today at [resources.eduqas.co.uk](https://resources.eduqas.co.uk)

## REGIONAL SUPPORT

Our Regional Support Team are also on hand to offer free support in the delivery of our qualifications. They can also give you face-to-face advice on our range of qualifications, online resources, CPD and curriculum developments. To book a visit or to find out more, please visit [www.eduqas.co.uk/RegionalSupportTeam](https://www.eduqas.co.uk/RegionalSupportTeam)



**Catherine Oldham**

Region: North  
[catherine.oldham@eduqas.co.uk](mailto:catherine.oldham@eduqas.co.uk)



**Jonathan Harrington**

Region: South East  
[jonathan.harrington@eduqas.co.uk](mailto:jonathan.harrington@eduqas.co.uk)



**Dave Evans**

Region: North West  
[david.evans@eduqas.co.uk](mailto:david.evans@eduqas.co.uk)



**Ant Fleming**

Region: East Anglia and Kent  
[anthony.fleming@eduqas.co.uk](mailto:anthony.fleming@eduqas.co.uk)



**David Jones**

Region: South West, Midlands  
[davidr.jones@eduqas.co.uk](mailto:davidr.jones@eduqas.co.uk)

## TEACHERS WHO HAVE MADE THE SWITCH

"We moved to Eduqas, having been with AQA for more than 20 years. We have been hugely impressed by their professionalism, communication and subject knowledge. We are extremely pleased we made the move."

ALI WAREHAM

HEAD OF A-LEVEL  
PHYSICAL EDUCATION  
PETER SYMONDS COLLEGE



Eduqas  
245 Western Avenue  
Cardiff CF5 2YX  
029 2026 5465  
[info@eduqas.co.uk](mailto:info@eduqas.co.uk)

**ALL INFORMATION CORRECT AT TIME OF PUBLICATION: APRIL 2019**

WJEC CBAC Ltd is a limited company by guarantee, registered in England and Wales (no. 3150875) and is registered charity (no. 1073332)