

Level 3 Alternative Academic
Qualification in

FOOD SCIENCE AND NUTRITION

(Certificate/Extended Certificate)

QUALIFICATION GUIDE



ABOUT THIS QUALIFICATION

WHAT IS AN AAQ?

Alternative Academic Qualifications, or AAQs, are equivalent to one A Level, and can be taken alongside additional A Levels.

They have been developed to provide an alternative pathway for learners allowing them to combine academic and vocational qualifications to suit their interests and career goals.

Each 2-year qualification is designed primarily for 16-19 year olds intending to progress to higher education.

The qualification is graded A*-E, which is widely understood by learners, employers, universities and other stakeholders.

WHY STUDY FOOD SCIENCE AND NUTRITION?

Food scientists and nutritionists play a vital role in global health and wellbeing, ensuring the safety, quality, and sustainability of the food we eat. Their work addresses key challenges such as food security, malnutrition, and the prevention of diet-related diseases.

Learners on our [Level 3 Alternative Academic Qualification \(AAQ\) in Food Science and Nutrition \(Extended Certificate\)](#) will explore the science behind food production, processing, and innovation, alongside the study of human nutrition, health, and disease prevention.

This qualification equips learners with the knowledge, understanding, and practical skills needed for progression to Higher Education and careers in food science, nutrition, public health, or product development.

QUALIFICATION STRUCTURE

This qualification can be studied as a 2 Unit Certificate, or a 4 Unit Extended Certificate. Learners studying the Certificate will study Units 1 and 2 only.

Learners studying the Extended Certificate will study Units 1-3 and a choice of either Unit 4 or Unit 5. Each unit makes up 25% of the Extended Certificate.

Unit 1: Nutritional needs across the life stages (Mandatory)

90 Guided Learning Hours, Externally Assessed Examination

Unit 2: Developing practical food production skills (Mandatory)

90 Guided Learning Hours, Internally Assessed NEA

Unit 3: Principles of food hygiene and food safety in food production (Mandatory)

90 Guided Learning Hours, Externally Assessed Examination

Unit 4: Experimenting to solve food production problems (Optional)

90 Guided Learning Hours, Internally Assessed NEA

Unit 5: Current issues in food science and nutrition (Optional)

90 Guided Learning Hours, Internally Assessed NEA



WHY CHOOSE EDUQAS FOR FOOD SCIENCE AND NUTRITION?

50% NON-EXAMINED ASSESSMENT (NEA)

Our accessible approach to assessment offers learners every opportunity to succeed by demonstrating their skills, knowledge and understanding.

STREAMLINED ADMINISTRATION AND VERIFICATION

Candidate and assessor packs are provided for all NEA tasks. Comprehensive, points-based mark schemes are provided for all internally assessed NEA.

COMPREHENSIVE SUPPORT PACKAGE

Eduqas offers [free online teaching resources](#), a companion textbook, and [expert-led training opportunities](#).

You'll also benefit from easy access to both subject experts and our [Regional Support team](#), who can provide online and in-person support.

GETTING STARTED WITH EDUQAS

Getting started with Eduqas for Vocational and Applied qualifications is a straightforward, three-step process:

1

Register your interest in teaching with Eduqas

Visit eduqas.co.uk/vocational and complete the Register Your Interest form. This helps us better support you through the process of getting started with Eduqas.

2

Ask your Exams Officer if your centre is registered with Eduqas

If not, they will need to contact us at centres@wjec.co.uk to register. Once your centre is registered, your Exams Officer can provide you with access to our Portal, which you will need to complete key processes and access exclusive resources.

3

Visit your qualification page for everything you need to get started

You can find this by going to eduqas.co.uk/qualifications and searching for your subject. Here you'll find links to everything you need to start teaching with Eduqas:

- Your specification
- Guidance for teaching
- Contact details for your Subject Team
- Free digital teaching resources
- Training opportunities
- Key dates for your qualification
- Past Papers and Mark Schemes

Now you're ready to start teaching with Eduqas – but if you need more guidance, contact our Support Team on hereforyou@eduqas.co.uk, or discover training opportunities at eduqas.co.uk/professionallearning.

PROFESSIONAL LEARNING OPPORTUNITIES

Eduqas offers a comprehensive range of professional learning opportunities to help you teach with confidence.

Our expert-led training programme provides all the support you need to enhance your teaching and successfully deliver our qualifications.

ASSESSMENT FEEDBACK PACKAGE

Our Assessment Feedback Package is an opportunity to gain a deeper understanding of how assessments are marked or moderated.

This integrated suite of resources and training includes:

- Free access to Principal Examiner reports
- Free Online Assessment Feedback sessions
- Paid face-to-face training events
- Free access to scripts

Learn more: eduqas.co.uk/professionallearning



ACCESSING SUPPORT

Our **Regional Support Team** operates across the UK, and is available to help you teach Eduqas qualifications with confidence.

As an Eduqas teacher, you can access their support for free online or in-person at a time and place that suits you.

Each member of the team is an experienced former teacher who understands the challenges of the classroom.



They can provide you with all the support you need to help your learners succeed, including:

- help getting started with Eduqas
- expert insight into your specification
- answers to your questions on assessment
- guidance on accessing our free digital resources, and more.

Contact the team:
hereforyou@eduqas.co.uk

MEET YOUR EDUQAS REPRESENTATIVES



Ant Fleming

“The role of Regional Representative lets me support teachers in delivering Eduqas qualifications confidently.

I believe supporting teachers is crucial to success. It's important for teachers to have someone to consult, benefiting students and schools alike. Each day is different, but my focus is always on helping teachers. The most rewarding part is when teachers feel more confident after our meetings.”



Chauvan Harding

“I have 17 years of experience in the classroom. I've held several roles during that time, such as Vocational lead, Second in faculty and Head of department.

What's impressed me most about Eduqas so far is their commitment to providing this support. Everyone is really passionate about education, and the level and quality of support given to teachers is really unique. For example, the brilliant range of free teacher and student resources on offer.”

Want to learn more? Contact at hereforyou@eduqas.co.uk, or [request an informal online chat through our booking page](#).

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