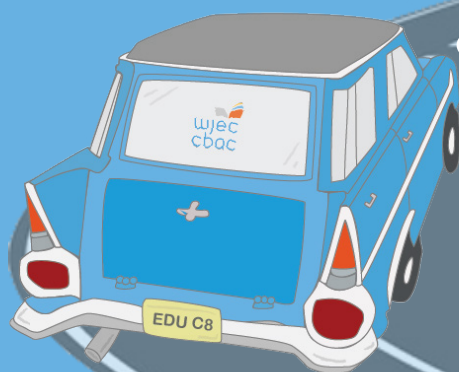


# YOUR JOURNEY

TO BECOMING EXAM READY



## WELCOME TO LEVEL 3 HEALTH AND SOCIAL CARE



WJEC Applied Certificates and Diplomas are Level 3 qualifications designed for 16-19-year-old learners and offer you exciting and interesting experiences that focus your learning through application, i.e. the acquisition of knowledge and understanding in purposeful contexts linked to a sector or subject area. Applied Certificates and Diplomas are characterised by:

- clearly structured content and straightforward assessment criteria
- high quality resources
- questions and tasks designed to enable you to demonstrate what you know, understand and can do

These qualifications are built on a firm foundation of knowledge and understanding of practitioner roles and values, set within contemporary, sector-specific contexts. They include a breadth and depth of learning, including the underpinning of core values within the sectors, in addition to the relationships between contemporary policies and service provision and the impact of financial challenges on service provision in the UK.

## PLANNING AHEAD...

By studying Level 3 Health and Social Care, you will be able to gain essential employability skills that are valued by employers, further and higher education, including:

- literacy and numeracy
- digital literacy
- critical thinking and problem solving

- planning and organisation
- creativity and innovation
- personal effectiveness

# GIVE IT YOUR ALL!

## TOP TIPS

**Get used to keeping information** in relation to (contemporary) issues in Health and Social Care.

**Read articles in the media and online** to increase your knowledge and understanding of all the content within the qualification.

**Consider fictional case studies** to gain an understanding of the different care needs of individuals and how services are accessed, etc.

**Think about how individuals' care needs** can be best met and how core values can be assured in different situations.

**Think about factors that can cause changes** to the needs of individuals.

**Try and engage with the sector:** visits, work placements, listening to speakers, online webinars, etc.

**Watch health and social care related programmes** online and/or on TV to research and explore the topics you will cover in class.

**Develop analytical skills at every opportunity.**

## WELLBEING GUIDANCE

### **Take baby steps.**

Remember this is a journey and you will pick skills and knowledge up along the way.

### **Take regular breaks from studying.**

Exercise, meet friends, spend time with family.

### **Look after yourself.**

Make sure you are getting a balanced diet and get enough sleep.

### **Try to stay positive.**

Even if you don't feel like it, a positive attitude will help you.

### **Remember that everyone's different.**

Try not to compare yourself to others.

## HOW ARE YOU ASSESSED?

The WJEC Level 3 Certificate and Diploma in Health and Social Care is assessed using a combination of internal and external assessment.

### **Certificate**

#### **Unit 1: (Contemporary) Issues in Health and Social Care**

There will be a written examination in June each year to assess your knowledge and understanding of what you have been taught.

#### **Unit 2: Core Values and Services**

You will need to complete a non-examination assessment (NEA) based on a set scenario.

You will need to respond to four tasks, completed under controlled conditions, within a 10-hour timeframe.

Written evidence will be required to show where you have covered the assessment criteria.

### **Diploma**

Units 1 and 2 as above – plus:

#### **EITHER:**

#### **Unit 3: Explain how services and practitioners meet individual needs**

You will need to complete a non-examination assessment (NEA) based on a set brief.

You will need to respond to two tasks, completed under controlled conditions, within a 15-hour timeframe.

Written evidence will be required to show where you have covered the assessment criteria.

#### **OR: Unit 4: Experience of Disease, Illness and Disability**

You will need to complete a non-examination assessment (NEA) based on a set brief.

You will need to respond to two tasks, completed under controlled conditions, within a 15-hour timeframe.

Written evidence will be required to show where you have covered the assessment criteria.

#### **PLUS**

#### **Unit 5: Human Behaviour and Development**

There will be a written examination in June each year to assess your knowledge and understanding of what you have been taught.