

Thrive with Eduqas.

Because every teacher is unique, we'll be with you every step of the way.

Switch to us and thrive!

GCSE
Physical Education
Your step-by-step guide



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Switching is simple

Switching to Eduqas could be the best move you make.

You'll gain access to an unbeatable range of free teaching resources, and our team of subject specialists are on hand to give you all the help and advice you need.

Whether you're with AQA, OCR or Pearson (Edexcel), you can rest assured that switching to Eduqas is straightforward.

Simply follow this guide, compare our specifications, and make the switch!

1

Follow this switcher guide for your subject

2

Register your interest and receive a printed copy of your [chosen specification\(s\)](#)

3

Visit [your qualification page](#) to access the materials you need to begin teaching our specifications

4

Visit our [Digital Resources website](#) for free resources that can be used as classroom aids and as revision tools

5

Contact [our subject specialists](#) for subject specific queries, practical advice and guidance

6

Your Exams Officer will need to register [your centre](#), if your centre is not already registered with us

7

You will be granted access to our [Secure Website](#) which hosts a wealth of exclusive resources

We are here to support you:

If you have a question, simply contact our Physical Education team who will offer friendly advice and guidance:



Sean Williams
Subject Officer -
Physical Education

physicaleducation@eduqas.co.uk
029 2240 4271

The support you need

REGIONAL SUPPORT TEAM

Whether you're a teacher, lecturer, exams officer or head of department, our Regional Support Team is on-hand to make sure you receive all the support and guidance you need.

We cover every part of England and can provide face-to-face and online advice at a time which is convenient to you.

REASONS WHY YOU SHOULD CONTACT US

- All of our regional representatives are former teachers, and therefore understand exactly what kind of support you need to get the most out of your classroom experience.
- Support can be face-to-face or online and at a time and location which suits you.
- With their extensive knowledge of our qualifications, you'll get the insight you need to help you deliver our qualifications with confidence.
- You'll receive practical advice on the best resources for your subject including our extensive range of digital resources, Question Bank and Online Exam Review.
- We also offer support for teachers new to a particular subject or thinking about joining us, in which we run through assessment structure, exam papers, and where to find various resources you will need for teaching.
- Support from our team - including visits - **is FREE!**

MEET THE TEAM

Get in contact today and discover how our team can support you and your students. To book a visit or to find out more, please visit [our Regional Support Team webpages](#).

WE'RE ON HAND TO SUPPORT YOU AND OFFER GUIDANCE ON OUR QUALIFICATIONS AND RESOURCES.



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GCSE Physical Education

WHY CHOOSE US?

- Direct contact with our subject specialists.
- Streamlined assessment – only two components.
- One examination. Less examination time than AQA and Pearson (Edexcel).
- Assessment encourages integrated teaching of content.
- Holistic assessment of practical work – no assessment of skills in isolation.
- Generic assessment criteria – easily applicable to all activities.
- No unnecessary bureaucracy for non-examination assessment.

Free tailored digital resources

We have created a wealth of free digital resources to support our qualifications. They have been developed to enhance learning, stimulate classroom discussion, and encourage student engagement. [Access our resources today.](#)

“We moved to Eduqas, having been with AQA for more than 20 years. We have been hugely impressed by their professionalism, communication and subject knowledge. We are extremely pleased we made the move.”

Ali Wareham,

Head of A level Physical Education,
Peter Symonds College

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Summary of assessment

Components

Component 1: Introduction to Physical Education (120 marks)

Written examination: 2 hours
60% of qualification

- Learners will be assessed through a range of short and extended questions.
- The questions will be based on stimuli/sources.

Component 2: The active participant in physical education

Non-exam assessment
40% of qualification

- This component is internally assessed and externally moderated.
- Learners will be assessed in three different activities in the role of performer in at least one individual and one team sport.
- Learners will be further assessed through a written analysis and evaluation of their personal performance in one of their chosen activities.



Helping you make the switch

Comparing specifications

Switching from AQA or OCR

Eduqas	AQA	OCR
Component 1		
<p>Written examination 60% – 2 hours, 120 marks</p> <ul style="list-style-type: none"> • All subject content • Health, training and exercise • Exercise physiology • Movement analysis • Psychology of sport and physical activity • Socio-cultural issues in physical activity and sport 	<p>Written examination 30% – 75 minutes, 78 marks</p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Movement analysis • Physical training • Use of data 	<p>Written examination 30% – 1 hour, 60 marks</p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Movement analysis • Physical training • Use of data
Component 2		
<p>None – only one examined paper</p>	<p>Written examination 30% – 75 minutes, 78 marks</p> <ul style="list-style-type: none"> • Sports psychology (includes sports technology • which is also in Eduqas specification) • Socio-cultural influences • Health, fitness and well-being • Use of data 	<p>Written examination 30% – 1 hour, 60 marks</p> <ul style="list-style-type: none"> • Sports psychology • Socio-cultural influences • Health, fitness and well-being • Use of data
Component 3		
<p>NEA 40%</p> <ul style="list-style-type: none"> • Holistic assessment of practical (30%) • and analysis and evaluation (10%) 	<p>NEA 40%</p> <ul style="list-style-type: none"> • 10% of practical marks are awarded for drills in isolation, 30% for performance in competitive situations • 10% for analysis and evaluation 	<p>NEA 40%</p> <ul style="list-style-type: none"> • 30% for performance in competitive situations, • 10% for analysis and evaluation

Helping you make the switch

Comparing specifications

Switching from Pearson

Eduqas	Pearson
Component 1	
Written examination 60% – 2 hours, 120 marks <ul style="list-style-type: none">• All subject content• Health, training and exercise• Exercise physiology• Movement analysis• Psychology of sport and physical activity• Socio-cultural issues in physical activity and sport	Written examination 36% – 1 hour, 90 marks <ul style="list-style-type: none">• Applied anatomy and physiology• Movement analysis• Physical training• Use of data
Component 2	
None – only one examined paper	Written examination 24% – 1 hour, 70 marks <ul style="list-style-type: none">• Health, fitness and well-being• Sport psychology• Socio-cultural influences• Use of data
Component 3	
NEA 40% <ul style="list-style-type: none">• Holistic assessment of practical (30%)• and analysis and evaluation (10%)	NEA 30% <ul style="list-style-type: none">• Performance in competitive situations and skills in isolation
Component 4	
None – only one examined paper	NEA <ul style="list-style-type: none">• 10% for analysis and evaluation

GCSE

Physical Education

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