

Thrive with Eduqas.

Because every teacher is unique, we'll be with you every step of the way.

Switch to us and thrive!

A level
Physical Education
Your step-by-step guide



CONTENTS

- Switching is simple 2
- The support you need 3
- A level Physical Education 4
- Summary of assessment 5
- Helping you make the switch 8



Switching is simple

Switching to Eduqas could be the best move you make.

You'll gain access to an unbeatable range of free teaching resources, and our team of subject specialists are on hand to give you all the help and advice you need.

Whether you're with AQA, OCR or Pearson (Edexcel), you can rest assured that switching to Eduqas is straightforward.

Simply follow this guide, compare our specifications, and make the switch!

1

Follow this switcher guide for your subject

2

Register your interest and receive a printed copy of your [chosen specification\(s\)](#)

3

Visit [your qualification page](#) to access the materials you need to begin teaching our specifications

4

Visit our [Digital Resources website](#) for free resources that can be used as classroom aids and as revision tools

5

Contact [our subject specialists](#) for subject specific queries, practical advice and guidance

6

Your Exams Officer will need to register [your centre](#), if your centre is not already registered with us

7

You will be granted access to our [Secure Website](#) which hosts a wealth of exclusive resources

We are here to support you:

If you have a question, simply contact our Physical Education team who will offer friendly advice and guidance:



Sean Williams
Subject Officer -
Physical Education

physicaleducation@eduqas.co.uk
029 2240 4271

The support you need

REGIONAL SUPPORT TEAM

Whether you're a teacher, lecturer, exams officer or head of department, our Regional Support Team is on-hand to make sure you receive all the support and guidance you need.

We cover every part of England and can provide face-to-face and online advice at a time which is convenient to you.

REASONS WHY YOU SHOULD CONTACT US

- All of our regional representatives are former teachers, and therefore understand exactly what kind of support you need to get the most out of your classroom experience.
- Support can be face-to-face or online and at a time and location which suits you.
- With their extensive knowledge of our qualifications, you'll get the insight you need to help you deliver our qualifications with confidence.
- You'll receive practical advice on the best resources for your subject including our extensive range of digital resources, Question Bank and Online Exam Review.
- We also offer support for teachers new to a particular subject or thinking about joining us, in which we run through assessment structure, exam papers, and where to find various resources you will need for teaching.
- Support from our team - including visits - **is FREE!**

MEET THE TEAM

Get in contact today and discover how our team can support you and your students. To book a visit or to find out more, please visit [our Regional Support Team webpages](#).

WE'RE ON HAND TO SUPPORT YOU AND OFFER GUIDANCE ON OUR QUALIFICATIONS AND RESOURCES.



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A level Physical Education

WHY CHOOSE US?

- Direct contact with our subject specialists.
- Streamlined assessment – only three components.
- Only two examinations.
- Assessment encourages integrated teaching of content.
- Holistic assessment of practical work – no assessment of skills in isolation.
- Generic assessment criteria – easily applicable to all activities.
- No unnecessary bureaucracy for non-examination assessment.
- Practical work and written analysis and evaluations are moderated in one day.

Free tailored digital resources

We have created a wealth of free digital resources to support our qualifications. They have been developed to enhance learning, stimulate classroom discussion, and encourage student engagement. [Access our resources today.](#)

“We moved to Eduqas, having been with AQA for more than 20 years. We have been hugely impressed by their professionalism, communication and subject knowledge. We are extremely pleased we made the move.”

Ali Wareham,

Head of A level Physical Education,
Peter Symonds College

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Subject Officer -
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Summary of assessment

Components

Component 1: Exploring concepts in Physical Education

**Written examination: 2 hours
35% of qualification**

To assess all A level subject content

Question types

- Contextualised questions to include multiple choice, data response, short and extended answers

Component 2: Evaluating Physical Education

**Written examination: 2 hours
35% of qualification**

To assess all A level subject content

Question types

- A range of questions to include data response, short and extended answers

Component 3: Improving Personal Performance in Physical Education

**Non-exam assessment
30% of qualification**

To assess:

- Practical performance in one activity as a player/performer or coach.
- Analysis and evaluation of personal performance.

Learners will be assessed in three different activities in the role of performer in at least one individual and one team sport.

Learners will be further assessed through a written analysis and evaluation of their personal performance in one of their chosen activities.

Helping you make the switch

Comparing specifications

Switching from AQA or OCR

Eduqas	AQA	OCR
Component 1		
<p>Written examination 35% – 2 hours, 105 marks</p> <ul style="list-style-type: none"> • Holistic assessment in which all subject content can be assessed • Exercise physiology, training and performance • Movement analysis, technology and biomechanics • Sport psychology/ skill acquisition • Sport and society 	<p>Written examination 35% – 2 hours, 105 marks</p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Skill acquisition • Sport and Society 	<p>Written examination 30% - 2 hours, 90 marks</p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Exercise physiology • Biomechanics
Component 2		
<p>Written examination 35% – 2 hours, 105 marks</p> <ul style="list-style-type: none"> • Holistic assessment in which all subject content can be assessed • Exercise physiology, training and performance • Movement analysis, technology and biomechanics • Sport psychology/ skill acquisition • Sport and society 	<p>Written examination 35% – 2 hours, 105 marks</p> <p>Exercise physiology and biomechanics Sports psychology Sport and society and technology is sport</p>	<p>Written examination 20% - 1 hour, 60 marks</p> <p>Skill acquisition Sports psychology</p>
Component 3		
<p>NEA 30%</p> <ul style="list-style-type: none"> • Assessed as performer or coach in one activity • Analysis and evaluation 	<p>NEA 30%</p> <ul style="list-style-type: none"> • Assessed as performer or coach in one activity • Analysis and evaluation 	<p>Written examination 20% - 1 hour, 60 marks</p> <ul style="list-style-type: none"> • Sport and society • Contemporary issues in physical activity and sport
Component 4		
<p>Only 3 assessed components</p>		<p>NEA 30%</p> <ul style="list-style-type: none"> • Assessed as performer or coach in one activity • Analysis and evaluation

Helping you make the switch

Comparing specifications

Switching from Pearson

Eduqas	Pearson
Component 1	
Written examination 35% – 2 hours, 105 marks <ul style="list-style-type: none">• Holistic assessment in which all subject content can be assessed• Exercise physiology, training and performance• Movement analysis, technology and biomechanics• Sport psychology/ skill acquisition• Sport and society	Written examination 40% - 2 hours 30 minutes, 140 marks <ul style="list-style-type: none">• Section A: Applied anatomy and physiology• Section B: Exercise physiology and applied movement analysis
Component 2	
Written examination 35% – 2 hours, 105 marks <ul style="list-style-type: none">• Holistic assessment in which all subject content can be assessed• Exercise physiology, training and performance• Movement analysis, technology and biomechanics• Sport psychology/ skill acquisition• Sport and society	Written examination 30% - 2 hours, 100 marks <ul style="list-style-type: none">• Section A: Skill acquisition and sport psychology• Section B: Sport and society
Component 3	
NEA 30% <ul style="list-style-type: none">• Assessed as performer or coach in one activity• Analysis and evaluation	NEA 15% <ul style="list-style-type: none">• Assessed as performer or coach in one activity
Component 4	
Only 3 assessed components	NEA 15% <ul style="list-style-type: none">• Analysis and evaluation

A level

Physical Education

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