

# YOUR STEP- BY-STEP GUIDE TO SWITCHING TO EDUQAS

A LEVEL PHYSICAL EDUCATION



# MAKE THE SWITCH TO A BOARD THAT WILL SUPPORT YOU

Switching to Eduqas could be the best move you make.

You'll gain access to an unbeatable range of free teaching resources, and our team of subject specialists are on hand to give you all the help and advice you need.

Whether you're with AQA, OCR or Pearson (Edexcel), you can rest assured that switching to Eduqas is straightforward. Simply follow this guide, compare our specifications, and make the switch!

## MAKING THE SWITCH

Switching to Eduqas is simple, just follow these quick and easy steps:

1. Follow our switcher guide for your subject.
2. Register your interest at [www.eduqas.co.uk/switch](http://www.eduqas.co.uk/switch) and receive a printed copy of your chosen specification(s).
3. Visit your qualification page at [www.eduqas.co.uk/qualification](http://www.eduqas.co.uk/qualification), to access the materials you need to begin teaching our specifications.
4. Visit our Digital Resources Website ([resources.eduqas.co.uk](http://resources.eduqas.co.uk)), for free resources that can be used as classroom aids and as revision tools.
5. Contact our subject specialists for subject specific queries, practical advice and guidance.
6. Your Exams Officer will need to register your centre, if your centre is not already registered with us.
7. Once registered, your Exams Officer will be able to provide you with access to our Secure Website ([www.wjecservices.co.uk](http://www.wjecservices.co.uk)), which hosts a wealth of resources that are not available elsewhere.

## WE'RE HERE TO SUPPORT YOU

If you have a question, simply contact our Physical Education team who will offer friendly advice and guidance:



**Sean Williams**

**Subject Officer - Physical Education**

[sean.williams@eduqas.co.uk](mailto:sean.williams@eduqas.co.uk)

029 2240 4271



# A LEVEL PHYSICAL EDUCATION WITH EDUQAS

## WHY CHOOSE US?

- Direct contact with our subject specialists
- Streamlined assessment – only three components
- Only two examinations
- Assessment encourages integrated teaching of content
- Holistic assessment of practical work – no assessment of skills in isolation
- Generic assessment criteria – easily applicable to all activities
- No unnecessary bureaucracy for non-examination assessment.  
Practical work and written analysis and evaluations are moderated in one day

## SUMMARY OF ASSESSMENT

### Component 1: Exploring concepts in physical education

Written examination: 2 hours

35% of qualification

To assess all A level subject content

#### Question types

Contextualised questions to include multiple choice, data response, short and extended answers

### Component 2: Evaluating physical education

Written examination: 2 hours

35% of qualification

To assess all A level subject content

#### Question types

A range of questions to include data response, short and extended answers

### Component 3: Improving Personal Performance in physical education

Non-exam assessment.

30% of qualification

To assess

- practical performance in one activity as a player/performer or coach
- analysis and evaluation of personal performance.

Learners will be assessed in three different activities in the role of performer in at least one individual and one team sport. Learners will be further assessed through a written analysis and evaluation of their personal performance in one of their chosen activities.

# HELPING YOU MAKE THE SWITCH - COMPARING SPECIFICATIONS

## SWITCHING FROM AQA AND OCR

| Eduqas  | AQA  | OCR  |
|---|--|--|
| <b>Component 1</b>  |  |  |
| <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Holistic assessment in which all subject content can be assessed</p> <p>Exercise physiology, training and performance</p> <p>Movement analysis, technology and biomechanics</p> <p>Sport psychology/ skill acquisition</p> <p>Sport and society</p> | <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Applied anatomy and physiology</p> <p>Skill acquisition</p> <p>Sport and Society</p>                               | <p><b>Written examination</b><br/>30% - 2 hours, 90 marks</p> <p>Applied anatomy and physiology</p> <p>Exercise physiology</p> <p>Biomechanics</p> |
| <b>Component 2</b>  |  |  |
| <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Holistic assessment in which all subject content can be assessed</p> <p>Exercise physiology, training and performance</p> <p>Movement analysis, technology and biomechanics</p> <p>Sport psychology/ skill acquisition</p> <p>Sport and society</p> | <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Exercise physiology and biomechanics</p> <p>Sports psychology</p> <p>Sport and society and technology is sport</p> | <p><b>Written examination</b><br/>20% - 1 hour, 60 marks</p> <p>Skill acquisition</p> <p>Sports psychology</p>                                     |
| <b>Component 3</b>  |  |  |
| <p><b>NEA 30%</b></p> <p>Assessed as performer or coach in one activity</p> <p>Analysis and evaluation</p>  | <p><b>NEA 30%</b></p> <p>Assessed as performer or coach in one activity</p> <p>Analysis and evaluation</p>   | <p><b>Written examination</b><br/>20% - 1 hour, 60 marks</p> <p>Sport and society</p> <p>Contemporary issues in physical activity and sport</p>    |
| <b>Component 4</b>  |  |  |
| <p><b>Only 3 assessed components</b></p>  |  | <p><b>NEA 30%</b></p> <p>Assessed as performer or coach in one activity</p> <p>Analysis and evaluation</p>   |

# SWITCHING FROM EDEXCEL

| Eduqas   | Edexcel   |
|--|---|
| <b>Component 1</b>   |   |
| <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Holistic assessment in which all subject content can be assessed</p> <p>Exercise physiology, training and performance<br/>Movement analysis, technology and biomechanics<br/>Sport psychology/ skill acquisition<br/>Sport and society</p> | <p><b>Written examination</b><br/>40% - 2 hours 30 minutes, 140 marks</p> <p><b>Section A:</b> Applied anatomy and physiology<br/><b>Section B:</b> Exercise physiology and applied movement analysis</p> |
| <b>Component 2</b>   |   |
| <p><b>Written examination</b><br/>35% – 2 hours, 105 marks</p> <p>Holistic assessment in which all subject content can be assessed</p> <p>Exercise physiology, training and performance<br/>Movement analysis, technology and biomechanics<br/>Sport psychology/ skill acquisition<br/>Sport and society</p> | <p><b>Written examination</b><br/>30% - 2 hours, 100 marks</p> <p><b>Section A:</b> Skill acquisition and sport psychology<br/><b>Section B:</b> Sport and society</p>                                    |
| <b>Component 3</b>   |   |
| <p><b>NEA</b><br/>30%</p> <p>Assessed as performer or coach in one activity<br/>Analysis and evaluation</p>  | <p><b>NEA</b><br/>15%</p> <p>Assessed as performer or coach in one activity</p>   |
| <b>Component 4</b>   |   |
| <p><b>Only 3 assessed components</b></p>   | <p><b>NEA 15%</b><br/>Analysis and evaluation</p>   |



# THE SUPPORT YOU NEED

## FREE TAILORED PHYSICAL EDUCATION DIGITAL RESOURCES

We've created a wealth of free digital resources to support our qualifications. They have been developed to enhance learning, stimulate classroom discussion, and encourage student engagement. Access our resources today at [resources.eduqas.co.uk](https://resources.eduqas.co.uk)

## REGIONAL SUPPORT

Our Regional Support Team are also on hand to offer free support in the delivery of our qualifications. They can also give you face-to-face advice on our range of qualifications, online resources, CPD and curriculum developments. To book a visit or to find out more, please visit [www.eduqas.co.uk/RegionalSupportTeam](https://www.eduqas.co.uk/RegionalSupportTeam)



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## TEACHERS WHO HAVE MADE THE SWITCH

"We moved to Eduqas, having been with AQA for more than 20 years. We have been hugely impressed by their professionalism, communication and subject knowledge. We are extremely pleased we made the move."

ALI WAREHAM

HEAD OF A-LEVEL  
PHYSICAL EDUCATION  
PETER SYMONDS COLLEGE



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