

YOUR STEP- BY-STEP GUIDE TO SWITCHING TO EDUQAS

GCSE FOOD PREPARATION
AND NUTRITION



MAKE THE SWITCH TO A BOARD THAT WILL SUPPORT YOU

Switching to Eduqas could be the best move you make.

You'll gain access to an unbeatable range of free teaching resources, and our team of subject specialists are on hand to give you all the help and advice you need.

Whether you're with AQA or OCR, you can rest assured that switching to Eduqas is straightforward. Simply follow this guide, compare our specifications, and make the switch!

MAKING THE SWITCH

Switching to Eduqas is simple, just follow these quick and easy steps:

1. Follow our switcher guide for your subject.
2. Register your interest at www.eduqas.co.uk/switch and receive a printed copy of your chosen specification(s).
3. Visit your qualification page at www.eduqas.co.uk/qualification, to access the materials you need to begin teaching our specifications.
4. Visit our Digital Resources Website (resources.eduqas.co.uk), for free resources that can be used as classroom aids and as revision tools.
5. Contact our subject specialists for subject specific queries, practical advice and guidance.
6. Your Exams Officer will need to register your centre, if your centre is not already registered with us.
7. Once registered, your Exams Officer will be able to provide you with access to our Secure Website (www.wjecservices.co.uk), which hosts a wealth of resources that are not available elsewhere.

WE'RE HERE TO SUPPORT YOU

If you have a question, simply contact our Food Preparation and Nutrition team who will offer friendly advice and guidance:



Allison Candy
Subject Officer -
Food Preparation and Nutrition
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GCSE FOOD PREPARATION AND NUTRITION WITH EDUQAS

WHY CHOOSE US?

If you would like to work with a team which understands your and your students' needs, switching to Eduqas could be the best move you make:

- Direct contact with the subject officer and subject support officer
- Direct access to entries and resources
- Streamlined assessment – only two components
- One examination
- Assessment encourages integrated teaching of content
- Holistic assessment of practical work – no assessment of skills in isolation
- Generic assessment criteria
- No unnecessary bureaucracy for NEA only two assessment sheets to be completed

SUMMARY OF ASSESSMENT

Component 1: Principles of Food Preparation and Nutrition	
Written examination: 1 hour 45 minutes	50% of qualification
This component will consist of two sections both containing compulsory questions and will assess the six areas of content as listed in the specified GCSE content.	Section A: questions based on stimulus material. Section B: structured, short and extended response questions to assess content related to food preparation and nutrition.
Component 2: Food Preparation and Nutrition in Action	
Non-examination assessment: internally assessed, externally moderated Assessment 1: 8 hours Assessment 2: 12 hours	50% of qualification
Assessment 1: The Food Investigation Assessment A scientific food investigation which will assess the learner's knowledge, skills and understanding in relation to scientific principles underlying the preparation and cooking of food. Assessment 2: The Food Preparation Assessment Prepare, cook and present a menu which assesses the learner's knowledge, skills and understanding in relation to the planning, preparation, cooking and presentation of food.	These assessments will be based on a choice of tasks released by WJEC annually.

HELPING YOU MAKE THE SWITCH - COMPARING SPECIFICATIONS

SWITCHING FROM AQA

Eduqas	AQA
Component 1 50% of qualification Written examination: 1 hour 45 minutes (100 marks)	
Areas of content Food commodities Principles of nutrition Diet and good health The science of food Where food comes from Cooking and food preparation	Areas of content Food, nutrition and health Food Science Food Safety Food choice Food provenance
Component 2 50% of qualification Non-examination assessment (100 marks)	
Assessment 1: The Food Investigation Assessment 15% of total qualification (30 marks) Assessment 2: The Food Preparation Assessment 35% of total qualification (70 marks)	Task 1: Food investigation 15% of total qualification (30 marks) Task 2: Food preparation assessment 35% of total qualification (70 marks)

SWITCHING FROM OCR

Eduqas	OCR
Component 1 (100 marks) 50% of qualification	
Written examination: 1 hour 45 minutes	Written examination: 1 hour 30 minutes
Areas of content Food commodities Principles of nutrition Diet and good health The science of food Where food comes from Cooking and food preparation	Areas of content Nutrition Food: food provenance and food choice Cooking and food preparation Skills requirements: preparation and cooking techniques
Component 2 Non-examination assessment	
50% of qualification (100 marks)	15% of qualification (45 marks)
Assessment 1: The Food Investigation Assessment 15% of total qualification (30 marks) Assessment 2: The Food Preparation Assessment 35% of total qualification (70 marks)	Food investigation task Knowledge required from all content listed in component 1
Component 3	
	Non-examination assessment 35% of qualification (105 marks)
	Food preparation task Knowledge required from all content listed in component 1

THE SUPPORT YOU NEED

FREE TAILORED DIGITAL RESOURCES

We've created a wealth of free digital resources to support our qualifications. They have been developed to enhance learning, stimulate classroom discussion, and encourage student engagement. Access our resources today at resources.eduqas.co.uk

REGIONAL SUPPORT

Our Regional Support Team are also on hand to offer free support in the delivery of our qualifications. They can also give you face-to-face advice on our range of qualifications, online resources, CPD and curriculum developments. To book a visit or to find out more, please visit www.eduqas.co.uk/RegionalSupportTeam



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TEACHERS WHO HAVE MADE THE SWITCH

"We have been with WJEC/Eduqas for over 8 years now... say no more! Absolutely fantastic team, very supportive, efficient and always go above and beyond! Thank you Team WJEC/Eduqas."

SARAH TUCKER
LEADER OF LEARNING FOR
FOOD AND NUTRITION AND KS3 TECHNOLOGY
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